

# Preoperative Medication

## Lyrica, Gabapentin, Celebrex, and Tylenol

Under the Enhanced Recovery After Surgery protocol, three medications are prescribed in combination, to be taken in advance of surgery. Treating pain preoperatively improves pain management after surgery.

- Tylenol (Acetaminophen) 975-1000 milligrams three times a day, every eight hours  
For example: morning, mid-afternoon and evening
- Celebrex 200 milligrams twice a day
- Gabapentin (Neurontin) 100 milligrams three times a day, or
- You may receive Lyrica instead according to your surgeon's preference

Take these medications as instructed on the bottle starting two days before your surgery and on the morning of your surgery unless told otherwise.

The three medications target different pain pathways:

- Tylenol is used for arthritic pain/generalized pain.
- Celebrex has great anti-inflammatory properties.
- Gabapentin helps with nerve pain.

Taking these medications in combination greatly decreases generalized pain and inflammation after joint replacement surgery.

Most patients will also take these medications for a short time following surgery.

After scheduling a surgery date, we will e-prescribe Celebrex and Gabapentin to the pharmacy listed in your medical chart. Tylenol can be picked up over the counter at any pharmacy (or, if you request, we can provide a prescription).

- Please note: Your pharmacy will notify your surgeon's office, if so, and they will arrange the necessary approval.
- Your pharmacy will notify you when the prescriptions are ready.

Questions? Please call your surgeon's office.

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